

Use the style "Heading 1"  
Use all CAPITALS. Followed  
by double enter.

## REFERENCES

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Bureau of Labor and Statistics (2000). Number and percent of nonfatal occupational injuries and illnesses involving days away from work for the ten occupations with the largest number of cases by case and worker characteristics. Retrieved October 28, 2003, from <http://www.bls.gov/iif/oshwc/osh/case/ostb1023.pdf>.

Chaffin, D. & Andersson, G.B.J., & Marrtin, B.J. (1993). *Occupational Biomechanics* (3rd ed.). New York: John Wiley and Sons, Inc. (pp.182-252).

De Looze, M., Zinezen E., Caboor, D., Roy, P., & Claris, J. (1998). Muscle Strength, task performance and low back load in nurses. *Ergonomics*, 41, 1095-1104.

**(OR)**

1. Nelkin, D., and M. Pollack. 1980. Problems and procedures in the regulation of technological risk. In R. Schwing and W. Albers (eds.), *Societal risk management*. p. 136-67. Plenum Press, New York.

2. National Research Council. 1977. *World food and nutrition study: the potential contributions of research*. Author, Washington, D.C.

3. Office of Technology Assessment, U.S. Congress. 1980. *Energy for biological processes*, vol. 2. Technical analysis. U.S. Government Printing Office, Washington, D.C.

Use the style "Body Text"  
with single space within  
each reference and an  
empty line after each  
point. Follow this example  
which uses a style similar  
to APA citations.  
Note the indent from  
second line onwards.

You can also use  
numbering system for the  
references with the same  
details as above.